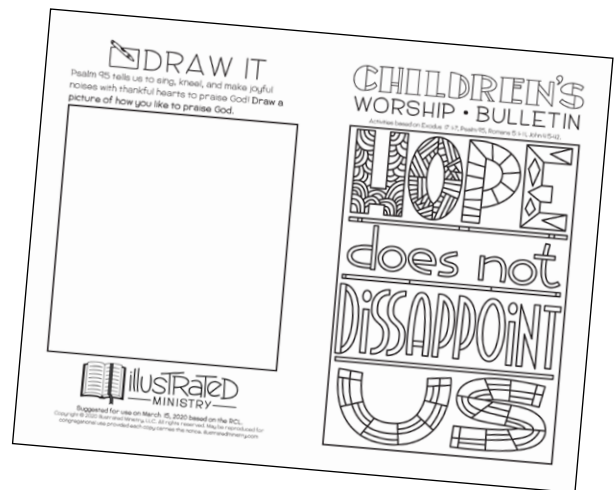


# Faith Formation Resources for the Third Sunday of Lent





Resources provided by Illustrated Ministry, LLC. [illustratedministry.com](http://illustratedministry.com)

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## RESOURCES FROM ILLUSTRATED MINISTRY

As the world struggles to adjust to life amidst the COVID-19 pandemic, necessary disruptions are affecting all aspects of our lives. Schools are closing, places of worship are canceling services, sports seasons are being suspended, and we are all adjusting to this new way of life. Illustrated Ministry hopes that these faith formation resources are meaningful and helpful to you.

We will be sending a weekly email during the COVID-19 pandemic which will include faith formation resources for all ages. We will be following the Revised Common Lectionary, and most of the resources will line up with the appropriate texts for each of the Sundays. If this resource was forwarded to you, and you would like to sign up to receive the weekly email in your inbox, you can sign up at: [illustratedministry.com/flattenthecurve](https://illustratedministry.com/flattenthecurve)

The weekly resource consists of a children's worship bulletin, a devotional, and a coloring page. There are a variety of different ways you could use these resources at home:

- As a family, put together an order of worship. You can use this as an interactive piece to the scripture reading and message/sermon.
- Use this as an individual or family devotional to reflect on throughout the week.
- Get a group of friends together, color the coloring page and reflect on the scripture passage.
- While you watch your church's virtual worship service, your children can color the coloring page or do the activities in the children's worship bulletin.

We hope you enjoy this resource, and if you have any questions about it, you can always reach us at [info@illustratedministry.com](mailto:info@illustratedministry.com). If you want to connect with others and see how they are using our resources, you can also follow us on social media:

Facebook: [fb.com/illustratedmin](https://fb.com/illustratedmin)  
Instagram: [instagram.com/illustratedmin](https://instagram.com/illustratedmin)  
Twitter: [twitter.com/illustratedmin](https://twitter.com/illustratedmin)  
Pinterest: [pinterest.com/illustratedmin](https://pinterest.com/illustratedmin)

Our Facebook Group is a growing community. If you're looking for ideas and suggestions for using this resource, you can request to join here:  
[fb.com/groups/illustratedmin](https://fb.com/groups/illustratedmin)

Peace,

The Illustrated Ministry Team

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# THIRD SUNDAY OF LENT - MARCH 15

## **Describe a time when you were in an unfamiliar and maybe even scary situation.**

*Note: If you are with a group, have each person take a turn sharing.*

1. How did it feel?
2. How did you find your way again?
3. Did anyone help you?

## **Scripture Reading: Exodus 17:1-7**

*Note: Parents with young children, please read through the scripture text prior to reading it outloud together and paraphrase where you feel is needed for your children so as not to cause undue alarm or fear.*

*From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"*

## **Reflection**

This morning's scripture is from the book of Exodus. It tells us about a time when the Israelites were lost in the wilderness and in a time of crisis. The wilderness was, and still is, an unfamiliar and sometimes scary place. It was hard to find your way and get the things you needed.

The Israelites were especially afraid of not having food or water. They began to panic because they had faced such hard times in Egypt and were afraid of their new situation in the wilderness. But God wanted the Israelites to trust that God knew what they needed and would take care of them.

God told Moses to strike a rock to make water come out of the place where they least expected it. Even though the Israelites struggled to trust because they didn't know how to get what they needed, God was still there with them.

Right now, as we feel unsure and maybe even a little scared about what is happening with the COVID-19 outbreak, we can rest assured that God loves us and takes care of us, sometimes in ways we don't expect.

## Discussion Questions

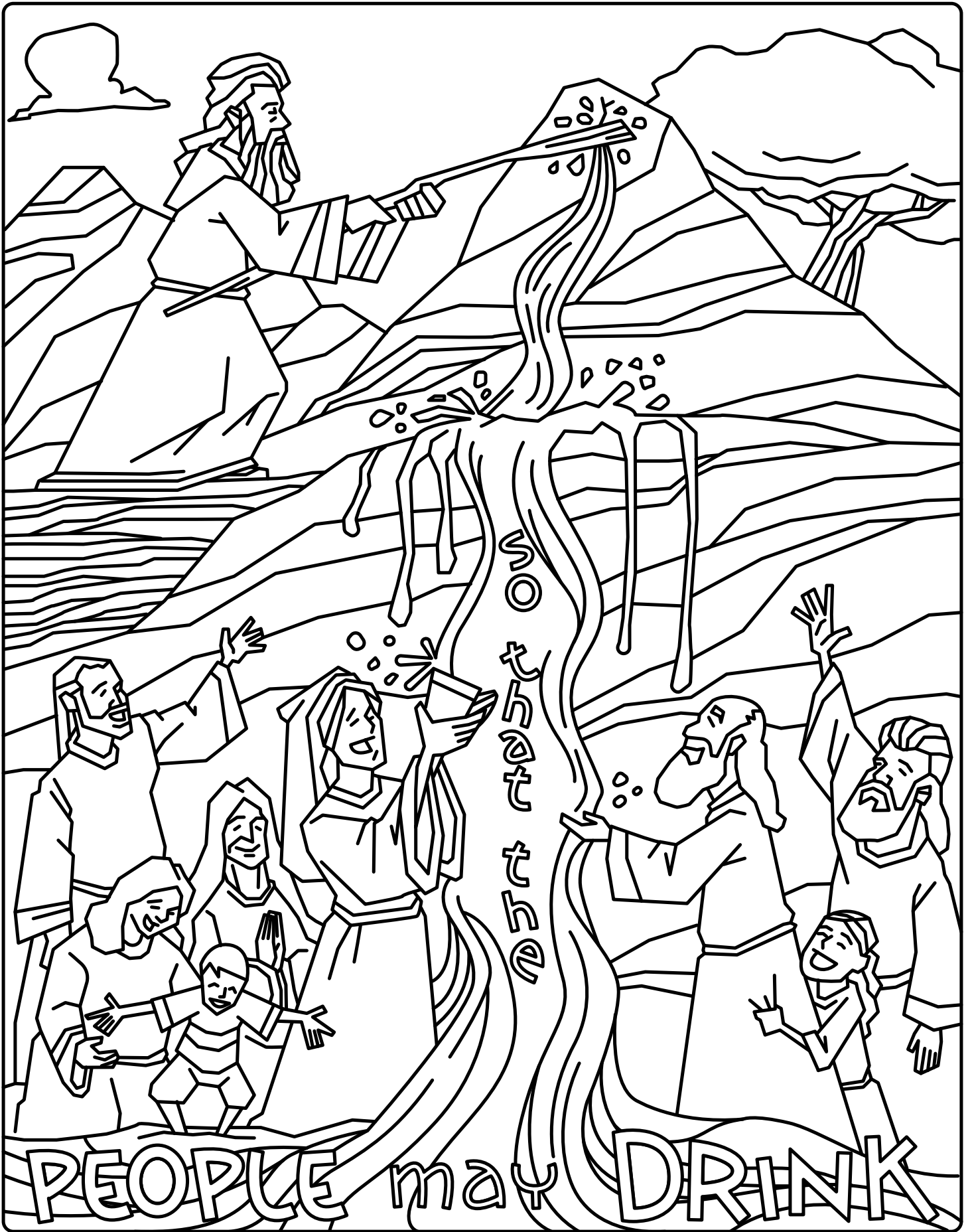
1. What makes you feel better when you're scared or not sure what's going to happen?
2. Take some time to look at the illustration. What do you notice?
3. What makes you feel comforted when you are in an unfamiliar situation?
4. What can you do to help in uncertain, and unfamiliar times like this one?



Exodus 17:1-7 · [illustratedministry.com](http://illustratedministry.com)

## Prayer

Dear God, thank you for loving us and taking care of us, even and especially when we are in an unfamiliar situation and afraid. Help us to trust in you, even when things don't happen the way we expect. **Amen.**



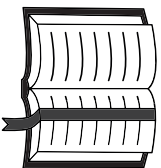
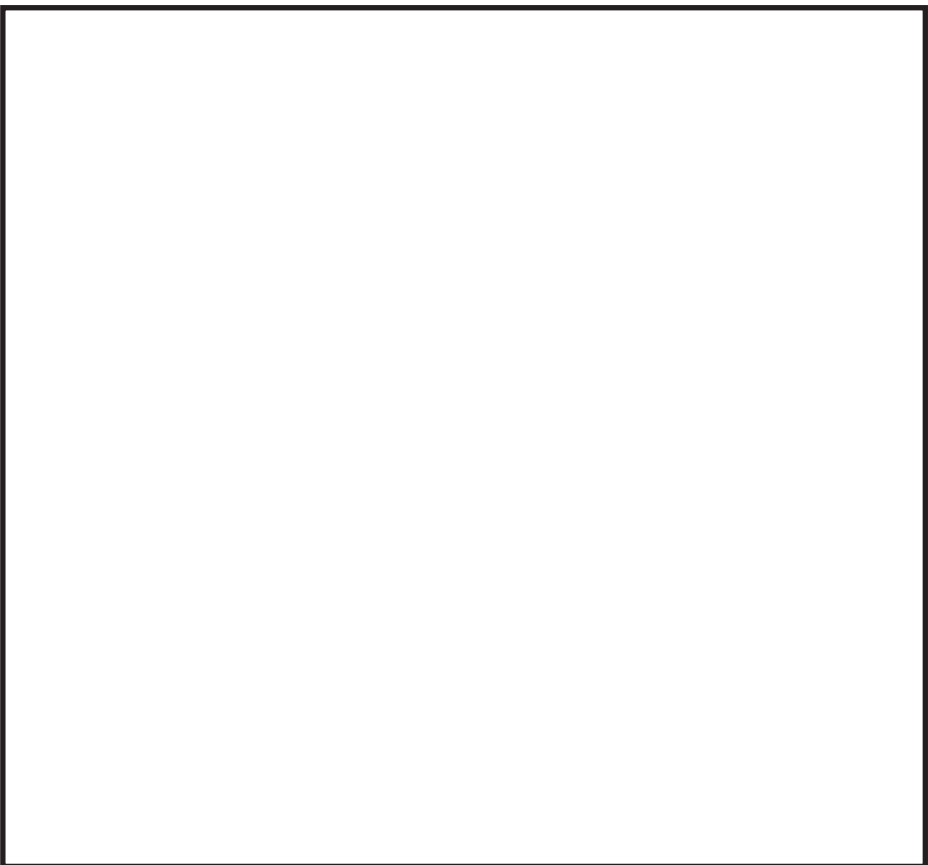
do not test the Lord

PEOPLE may DRINK



# DRAW IT

Psalm 95 tells us to sing, kneel, and make joyful noises with thankful hearts to praise God! Draw a picture of how you like to praise God.

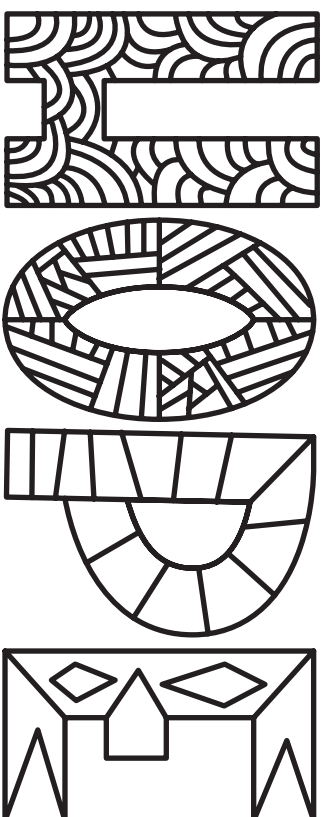


ILLUSTRATED  
MINISTRY

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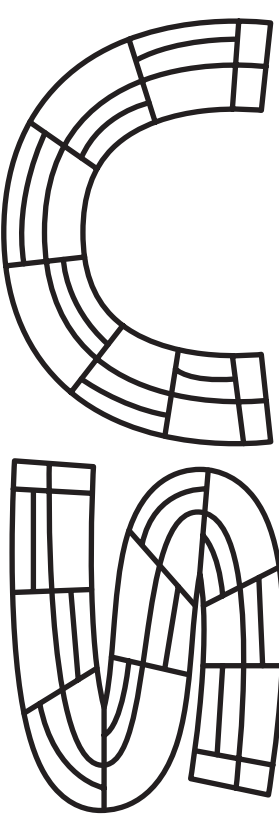
# CHILDREN'S WORSHIP • BULLETIN

Activities based on Exodus 17:1-7, Psalm 95, Romans 5:1-11, John 4:5-42.



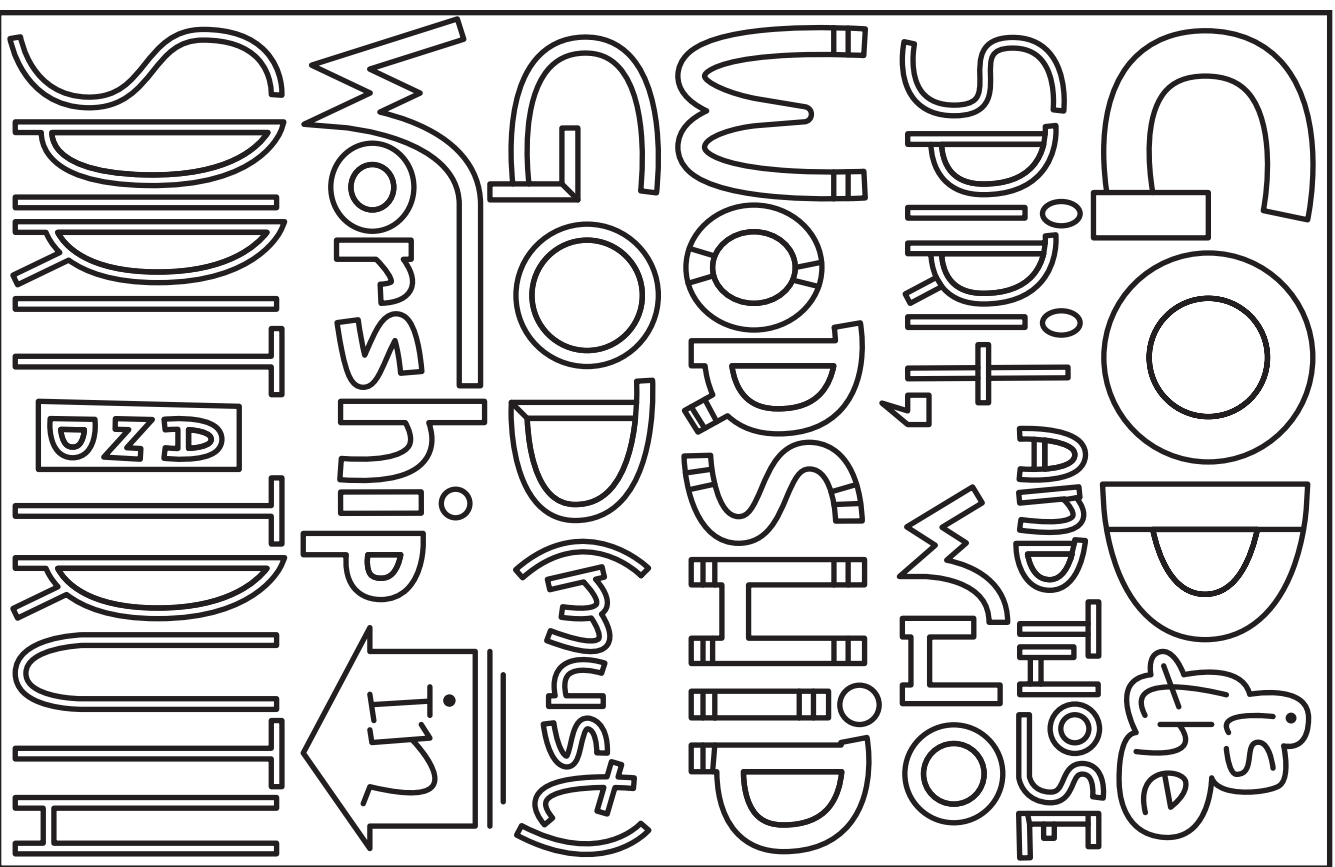
does not

DISAPPOINT





# COLOR IN THE WORDS



# UNSCRAMBLE IT

In Exodus 17, God's people get angry at Moses because they don't have any water to drink. They're not sure God will take care of them. What does Moses do as a sign to show God would provide?

Unscramble the words to find out!

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SOMES TH I A OKRC ITWH SH I

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FATSE DAN RETWA DOWELF TOU

# DOODLE AREA

Draw a picture of someone you want to pray for.

